



VETERAN OF THE MONTH - ZIMMERMAN POST 560

It is no coincidence that we are going to see a pattern happening in this month's Veteran of The Month. This month we honor another long-time member of our Kriesel-Jacobsen Post 560 family. He is highly regarded as a leader, mentor, and friend to many at our Post, across the 6th District, and the Department of Minnesota, and now on a National level. Our veteran of the month for August 2025 is . . . Dr. Carl Moon.



Carl is a 38-year PUFL (Paid Up For Life) member of Kriesel-Jacobsen Post 560. He has served on the Post Executive Board (including as Commander), and was our Gambling Manager for many years. He served the 6th District (yup, you guessed it, including as Commander), and the Department of Minnesota (most recently as our Department Commander 2024-2025). Are we seeing a pattern here yet? And just a few short weeks ago at the Department Convention, Carl was elected as our next National Executive Committeeman.

Carl and his wife Peggy have 2 daughters. Both Peggy and Carl are also members of the Unit 560 Auxiliary, as are their daughters and grandchildren. That's right, Carl is one of the first male members of the American Legion Auxiliary. So you see, serving our American Legion Family really is a family affair in the Moon household.

Carl participated in the Health Profession Scholarship Program from the Air Force, for Optometry School in Memphis, TN from 1972-1976. After optometry school, Carl proudly served in the U.S. Air Force from 1976 thru 1984. He went through orientation at Travis AFB, CA in 1973 (this is where Peggy caught his eye), and went to Air Command and Staff training at Maxwell AFB, AL in 1978. Carl served as an Optometrist at Biloxi AFB, MS 1976 – 1980, and Torrejon AFB, Torrejon, Spain from 1980 – 1984.

During his time in the USAF, Carl reached the rank of Captain and received a Commendation Medal for holding a Senior Optometry Position as a Captain in 1984. He also earned a Marksmanship Ribbon while serving as Mobility Officer for the Air Transportable Hospital (ATH) assigned to Torrejon AFB Medical Center, Torrejon, Spain. 1981-1984 and attended Medical Red Flag Training in Munich, Germany; while serving as the Mobility Officer for the ATH assigned to Torrejon, Medical Center. 1982.

When asked "What did you like about your time in?", Carl replied:

"Getting the chance to experience the cultures and cuisines from different parts of the U.S. and countries overseas that I had never had the opportunity to explore. I especially enjoyed being able to just treat the Air Men and their families eyecare needs without the demands of a private practice. While stationed overseas I was given the responsibility of monitoring and treating eye injuries and conditions that I would not have been able to do stateside. The training, and not having school loans to pay for, was a huge asset and I would recommend it to anyone interested in serving our Country."

I will also let Carl's own words describe the story he shared with me:

"I joking tell people that the Air Force issued an education, a wife, and a 4-year vacation overseas. Peggy sees it a little differently, as we met while I was at Travis AFB, CA, and there was no "issuing" involved. We just hit it off and we are still together after 51 years." "I especially appreciate the opportunity for my family and I to experience our travels overseas. Although we don't travel as much outside the U.S. anymore, but both of our girls and their families do."

As if all of this wasn't enough, upon leaving the Air Force, Carl then continued serving our veterans by working as an Optometrist at the VAMC in St Cloud for many years. The next time you see Carl, please thank him for his service in the Air Force, his continued service to our Post, the entire American Legion Family, and his ongoing dedication to our veterans, their families, and our communities.



Greeting all

I hope everyone had a great 4th of July. We have a few things coming up in August.

Aug 7 – We have the Blood drive at the Zimmerman fire house.

Aug 9 – Auxiliary tournament. Whiskey and Water will play at 7 p.m.

Aug 23 – Rib Fest and Bean Bag Tournament. If you have never been to Rib Fest, come check it out.

If you are a veteran in need or know a veteran in need, contact the post veteran service officer, Mike Tschudi. If you have any questions or concerns, please contact me at mnpost560@gmail.com.

Sergio Sajion, Commander



Hello and Greeting from the SAL.

We are looking forward to the Auxiliary Golf tournament coming up on Aug 9th. We have a stellar SAL team ready for the challenge!! Good luck guys!!

The gun raffle tickets are moving along well. Look for a couple of new guns in the shadow box soon. Thank you to all that are purchasing tickets for these gun raffles.

We decided to help donate to the bike giveaway at Ogilvie Raceway for their kids night that takes place on August 9th at the racetrack. It's always fun to see the excitement in those kids' eyes when

they win those bikes.

Our next meeting is August 19th, Hope to see more members there each week. We cannot do this without help from all our SAL members. Take care and hope to see you soon, Paul Quinn SAL Commander

ZIMMERMAN AMERICAN LEGION

DUNK TANK
LIVE MUSIC
RIBS
BEAN BAGS

RIB FEST
SATURDAY AUGUST 23

RIBS ON
SALE AT
2:30 PM

10:00 AM - Bean Bag Tourney Registration

11:00 AM - Bags, Patio Party & Grill Out Starts (Dogs, Brats, Burgers & Corn)

NOON - DJ & Dunk Tank (with Roger Up!)

2:30 PM - Ribs Tickets On Sale

3:00 PM - Public Tastings

3:30 PM - Winners Announced

4:00 PM - Brother Jon Band Live On the Patio!!



Pounders & Seltzers \$4

**Come support your local American Legion!
12674 Fremont Ave. Zimmerman MN**

AUXILIARY UNIT 560

GARAGE
SALE

SATURDAY, SEPTEMBER 6
8:00 AM - 4:00 PM

**All proceeds will go towards school supplies
for our local area schools**

**Donations are being accepted
(just no clothing please!)**

**Zimmerman American Legion
DOWNSTAIRS
12674 Fremont Ave, Zimmerman MN**



Greetings All! I hope everyone is having a wonderful summer.

The Auxiliary's is super excited about our **18th Annual Golf Tournament scheduled for 8/9**. It's always a fun-filled eventful day. Looking forward to seeing everyone.

The Auxiliary will begin working on our **school supply donations** this month and next. Look for more information to come out shortly on this.

The Auxiliary is having a **Garage Sale on 9/6** from 8:00 AM - 4:00 PM downstairs at the Legion (Patriots Hall). If you'd like to donate items please reach out to Patty Lundgren. No clothing will be accepted.

Special shout out to **Patty & Bob Lundgren** and the **Auxiliary ladies** for the amazing job they do for the blood drive. Patty and Bob were featured in the July 2025 edition of The Minnesota Legionnaire.

Congratulations to Wendy Gritter for being elected as the 6th District Auxiliary President. Way to go Wendy!

Next meeting: **8/5 @ 6:00 PM (Tuesday)** Downstairs - Patriot Hall / We'd love to have you join us
God Bless!

Donna Schermann - Auxiliary President Unit 560, donna.schermann@gmail.com, 763-213-9017



Greetings Legion Family!! The dog days of summer are upon us, and your Riders have been busy participating in rides and making donations to causes that help our Veterans.

We had a good presence in the 3-Of-a-Kind ride on July 12th. Our Post was the lunch stop for the Ride. A huge "Thank You" to Paul and Chris McCormick for grilling up the burgers for lunch. The 3-Of-a-Kind organization raises money to support local Veterans and First Responders. We were able to make a \$2,000.00 donation to this great organization while they were at our Post.

The Minnesota Fund 85 Ride was conducted July 17-19. MN Fund 85 (Minnesota American Legion Foundation Veterans Assistance Fund) was established to help Veterans in need. It is for when struggling veterans do not qualify for other assistance programs or — even when they do qualify — there are times those programs take so long they end up being too late to actually help. Veterans in dire straits can receive assistance, fast, with a max lifetime amount of \$5,000. We had members on the Ride, and they did a great job representing our Post. Our Post was chosen as the lunch stop on Thursday, and our amazing Auxiliary once again stepped up and prepared an awesome sandwich bar lunch for the group. While the group was there we were able to make a \$3,000.00 donation to this fundraiser.

We are busy getting ready for our first fundraiser of the Fall/Winter season. We will be conducting a **Designer Purse Bingo on Saturday, November 22nd**, at the Zimmerman Fire Station 1/Event Center. Our event committee has already been busy procuring prizes and planning the day. They have some awesome ideas to make this one even a step above our previous ones. Please pass the word, and if you're available make plans to join us. Details can be found on our Facebook Page or on the Post website.

As always, thanks to all of you for all the support we receive!! God Bless you all, and God Bless America.
Loren

Are you able to volunteer to help with Rib Fest? We need a clean up crew (around 4PM) & dunk tank managers around 11:30 AM! Contact Jen C. at post560events@yahoo.com or text/call 763-242-4358 if you're able to help!

POST 560 OFFICERS

Commander, Sergio Sajion
 1st Vice, Paul McCormick
 2nd Vice, Tom Wilkinson
 Adjutant, Bob Lundgren
 Sergeant At Arms, Del Whittlef
 Chaplain, Frank Grittner
 Service Officer, Mike Tschudi
 Historian, Jim Wagner
 Legion Membership, Bob Lundgren
 Auxiliary President,
 Donna Schermann
 Auxiliary Membership,
 Angela Moran
 SAL Commander, Paul Quinn
 SAL 1st Vice, Mick Wilkinson
 SAL Membership, Lance Holk
 Legion Riders Director, Loren Sikkink
 Bar Manager, Heidi Larcom
 Gambling Manager, Laura Lenz
 Exec. at Large, Gary Regel &
 Ken Wood



Meetings & Events

August 2025

- 02 - DJ Mitch 7:00 pm
- 05 - Auxiliary Meeting 6:00 pm
- 09 - Auxiliary Golf Tournament
Whiskey & Water 7:00 pm
- 12 - Rider Meeting 7:00 pm
- 13 - General Membership Meeting 6:30 pm
- 19 - SAL Meeting 6:30 pm
- 23 - Rib Fest & Bean Bag Tourney
All Day Event! Sign up for bags at
10:00 am - Ribs on sale at 2:30pm
- 27 - Executive Board Meeting 6:00 pm

September 2025

- 02 - Auxiliary Meeting 6:00 pm
- 09 - Rider Meeting 7:00 pm
- 10 - General Membership Meeting 6:30 pm
- 16 - SAL Meeting 6:30 pm
- 24 - Executive Board Meeting 6:00 pm

MONDAY NIGHT BINGO & RACES

Guaranteed \$700 Coverall! Races at 5pm Bingo at 6pm!

BAR HOURS

Monday-Thursday 11:00 am - 11:00 pm
 Friday & Saturday 11:00 am - 1:00 am
 Sundays 11:00 am - 8:00 pm

GAMBLING BOOTH HOURS

Monday-Saturday 11:00 am - close
 Sunday 11:00 am - 8:00 pm

Booty Chaser E-Tabs and Pull Tabs in Booth! Open Daily at 11:00 AM!



NONPROFIT ORG
 U.S. POSTAGE
PAID
 ZIMMERMAN, MN
 PERMIT #7

Kriesel-Jacobsen American Legion Post 560
 12674 Fremont Ave.
 PO Box 123
 Zimmerman MN 55398

LEGIONNAIRE 560